From the Principal ...........................

Dear Parents,

**Staffing**
We welcome Mr Michael Jacobs, Mrs Nicole Poulton and Mr Cameron Allen to our school for the remainder of term 2 and 3. Mr Allen will be supporting the Flying Start program and providing class release in the Early Childhood section of the school; Mrs Poulton will be supporting the number group program in Primary and taking grade 6 Drama. Mr Jacobs will be teaching grade 7 and grade 8 ICT. We look forward to the contributions each of these staff will make to our school.

**Out of Hours use of Grounds**
In recent times I have been disappointed to receive reports of young people out of school hours creating a nuisance of themselves and being uncooperative when asked by staff and community members to stop their behaviours. There have also been reports of children being on the roof of buildings of an evening and on weekends. This creates a real safety risk for these young people and impacts on the comfort of other users. It is important that children are able to access the grounds to use the play equipment and sporting grounds, however this will not be possible if we continue to have these instances of unsafe and disrespectful behaviour. Adult / parent supervision will help to alleviate this issue, and ensure the continual and safe use of the school grounds out of hours into the future.

**New Arrival**
Congratulations to Mr and Mrs Fabian who recently welcomed their first new born, Emmeline Fabian. We wish them all the joy and happiness in their parenthood journey. We are also expecting news soon in regard to Ms Pearce and her husband Nathan’s birth of their first baby.
MUNA

Four of our grade 10 students attended MUNA at Deloraine on the 18th and 19th May. MUNA is the Model United Nations Assembly and students from schools all over the state represented various countries from around the world. Sophia Dyer and Helena Oakley represented Turkey and were awarded the best costume, thanks to Mrs Bentley for providing them with their outfits. Chloe and Hollie Jackson represented Cyprus. The girls had to research political, social and cultural issues of their country and respond to various resolutions discussed at the assembly. Congratulations girls on your willingness to participate at MUNA. Your exemplary behaviour and ability to articulate your point of view on issues that your country is facing today is a real credit to you. We would like to acknowledge the East Devonport Rotary Club for sponsoring our students to attend MUNA.

RON DALY
PRINCIPAL

Calendar dates.....

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>10 June</td>
<td>Queen's Birthday Public Holiday</td>
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<tr>
<td>12 June</td>
<td>Cambodia Group Excursion to Devonport High School</td>
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<td></td>
<td>RYDA Driver Awareness at Camp Clayton</td>
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<tr>
<td>19 June</td>
<td>P-6 Assembly commencing at 11.45am</td>
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<tr>
<td>20 June</td>
<td>Newsletter</td>
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<td>School Council Meeting</td>
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<td>25 June</td>
<td>Mid-year Reports Sent Home</td>
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<td></td>
<td>School Production Matinee 11.30am</td>
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<td>26 June</td>
<td>School Production Matinee 11.30am</td>
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<td></td>
<td>School Production Evening Session 7pm</td>
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<tr>
<td>27 June</td>
<td>School Production Evening Session 7pm</td>
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<td>4 July</td>
<td>School Socials</td>
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<td></td>
<td>Newsletter</td>
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<tr>
<td>5 July</td>
<td>Term 2 Concludes</td>
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7-10 AWARDS

WEDNESDAY (5 June 2013)

<table>
<thead>
<tr>
<th>Grade 7A</th>
<th>Grade 7B</th>
<th>Grade 8A</th>
<th>Grade 8B</th>
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<tbody>
<tr>
<td>Graham Burns</td>
<td>Shelby Lee Coleman Mannie Brady Rouse Troy Milton</td>
<td>Kristy Mason Jamie Gerke Bailey Sharp</td>
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<td>Gabi Jago</td>
<td></td>
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<td>Demi Bird Madelyn Keen Kaiden Frankcombe</td>
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<table>
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<tr>
<th>Grade 9A</th>
<th>Grade 9B</th>
<th>Grade 10A</th>
<th>Grade 10B</th>
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</thead>
<tbody>
<tr>
<td>Ashlyn Kenzie</td>
<td>Samantha Woods Daniel Perkins Malachi Hinrichsen</td>
<td>Chelsea Deverall Jayden Riches Meg Williams</td>
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<tr>
<td>Joshua Steers</td>
<td></td>
<td></td>
<td>Serena Davey Sarah Parker James How</td>
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<td>Chelsee Conway</td>
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PRIMARY AUSSIE OF THE MONTH

Congratulations to our three nominees and two winners for our Primary Aussie of the Month for April and May 2013!

NOMINEES

3/4 Last/Mainwaring – Jessica Welch
5 Pratt – Billie Chatterton
6 Bakes – Reilly Eberle

WINNERS

APRIL

Alice McCarthy
3/4 Dowie

MAY

Kasey Woods
5/6 Richards

Introducing...

THE SHEFFIELD SCHOOL 2013 PRODUCTION

THE WARP ZONE

Tickets Available at the School Office or at the door.
Adult: $6
Child/Concession: $3
Family Discount: $15
(2 adults, 2 children)

MAYHEM!
TUESDAY 25TH JUNE, WEDNESDAY 26TH
8PM UNTIL 12:30AM

TICKETS AVAILABLE
$10 PER AVAILABLE
WEDNESDAY 26TH JUNE, THURSDAY 27TH JUNE
7PM until 9:30PM
Each year in May, teams of seven from companies and government bodies all over the world start the Global Corporate Challenge (GCC). This is a 16 week workplace health and wellness program designed to improve individual health and fitness, and by their collective participation, improve workplace productivity.

This program is strongly supported by The Department of Education, and as a Move Well Eat Well Award School, we are committed to modelling the importance of exercise, teamwork and fun to our students and to the local community.

This year Sheffield School has four teams entered, and pictured above are some of our participants.

Team members wear a GCC pulse to record daily activity and progress along a virtual journey around the world. Check out the www.gettheworldmoving.com website for more information.
Sheffield School Cuppa for Cancer Wednesday 22nd May 2013

A huge thank you must be extended to the workers and supporters of our morning tea. Mrs Oakley and I were delighted with the team of early risers who worked here at school packing the morning tea packs and then were assisted by Mr Bentley with the deliveries. Well done Chelsea Deverell, Rachael Huett, Hollie and Chloe Jackson, Sophie and Lily Maddick, Tom Rockcliff, Pyper Page, Chelsee Conway, Kaitlyn O’Neill, Courtney Davies, Miss Richards, Miss Radford and Mrs Huett.

Thank you to the Food Technology class for catering during class time, for assisting with collecting orders, delivering morning teas and helping with our sit down lunch here at school. We served soup, savouries and sweets to community members and all the comments were very positive.

Mrs Rogers and Mrs Temple offered to organise a trade table this year and we were delighted with the vegetable packs, jams, cakes, savouries and donated goods. Bossimi’s Bakery very generously donated all the fresh bread for the sandwiches. Thank you also, to the community members, who donated money while we were collecting morning tea orders and cakes and slices towards the day.

All involved will be pleased to hear we donated $1149 to the Cancer Council to assist with crucial research and treatment, implement education and prevention programs and provide essential support services for cancer patients and their families.

Anna Maddick
In keeping with emphasis of Pathway Planning of giving students as many opportunities as possible to attain new skills, qualifications and knowledge, Grade 9’s have recently been involved in both the G9 Health Careers Workshops at the UTAS Rural Clinical School Latrobe Hospital and have attended the ‘Try a Skill’ Day in Burnie.

The health day was attended by 3 students who were part of a series of interactive workshops. These workshops are run by professionals across a range of Allied Health areas and aim to provide both a realistic & practical experience in that field.

‘Try a Skill’ provided the opportunity for 22 of our G9 students to try their hand at plastering a wall, constructing an oyster-catcher, containing a pretend ‘chemical’ spill, and dismantling a car motor; to name just a few of over 30 trades on offer.

**Careers Resource Centre**
Tasmania Life Long Learning (TL3) through Partnership Brokers program has established a Careers Resource Centre to be run from Sheffield School this year.

The program involves a local employment agency representative who will visit our school on Thursdays (dates & times below.) Our first session was conducted on Thursday 16th of May - 11.00am to 12.40pm.

The aim of the Career Resource Centre is to offer support and resources to students interested in learning more about gaining employment or taking advantage of the services that our local employment agencies offer. If you or your child is interested in taking advantage of this offer, please contact Rachel to make an appointment.

The remaining visits will be from 11.00am – 12.40pm on the following dates:
Thursday 13/6/13  Thursday 25/7/13  Thursday 22/8/13
Thursday 19/9/13  Thursday 17/10/13 &  Thursday 14/11/13

**Pathway Planning**
Planning for Grade 10 students for term 2 is well underway; students are now starting to revisit their goals set during term one and looking forward to starting the subject selection process for Don College.

I am always happy for parents who are interested in getting involved in this process to get in touch with me – you can contact me through the Sheffield School Office, or alternatively you can email me on: rachel.matchett@education.tas.gov.au
Resiliency Robbers

All parents have the best of intentions when raising kids. Wanting what is best for kids can cause parents to make decisions that are not always in their (children's) long-term best interests.

If you buy the line that the promotion of resilience is in the best interests of kids then check out the following common parenting mistakes that reduce children's resilience.

Robber # 1: Fight all their battles for them
Nothing wrong with going into bat when kids struggle or meet with difficulty inside or outside school but make sure this is the last resort, not the first option.

- Resilience notion # 1: Give kids the opportunity to develop their own resourcefulness.

Robber # 2: Make their problem, their problem
Sometimes parents can take too much responsibility for issues that are really up to children to work out or decide. Here’s a clue if you are wondering what I am talking about: a jumper is something a mother puts on her son when she is cold!

- Resilience notion # 2: Make their problem, their problem.

Robber # 3: Give kids too much voice
In this era of giving children a voice it is easy to go overboard and allow them too much of a say in what happens to them. Kids often take the easy option to avoid hard or unpleasant situations.

- Resilience notion # 3: Make decisions for kids and expect them to adjust and cope.

Robber # 4: Put unrealistic or relentless pressure on kids to perform
Expectations about success and achievement are important. Too low and kids will meet them. Too high and kids can give up. Too much and kids can experience anxiety.

- Resilience notion # 4: Keep expectations in line with children’s abilities and don’t put excessive pressure on them.

Robber # 5: Let kids give in too easily
Resilient learners link success with effort. They don’t give up because they don’t like a teacher or when confronted with multi-step or more complex activities. Similarly they don’t bail out of a sporting term half way through the season because the team is not winning or they are not enjoying it.

- Resilience notion # 5: Encourage kids to complete what they have started even if the results aren’t perfect.

Robber # 6: Neglect to develop independence
Don’t wait until they are teenagers to develop the skills of independent living. Start early and promote a broad skill set so that they can look after themselves if you are not around.

- Resilience notion # 6: Don’t routinely do for kids what they can do for themselves.

Robber # 7: Rescue kids from challenging or stretch situations
There are many times kids are put in situations that are outside their comfort zones for a time. For instance, giving a talk, singing at the school concert or going on school camp may be challenges for some kids. They are all situations that kids usually cope with so show your confidence in them and skill them up rather than opt for avoidance.

- Resilience notion # 7: Overcoming challenges enables kids to grow and improve.

Sometimes the manageable hardships that children experience such as a friend moving away, not being invited to a party or completing a difficult school project are fabulous learning opportunities.

They help kids to stretch and grow. Dealing with them effectively also teaches kids that they are capable of coping when they meet some of life’s curve balls.

And that is a huge lesson to learn at any age.
Move Well Eat Well

Eat a rainbow!

RED apple & capsicum
YELLOW pineapple & corn
GREEN grapes & beans
WHITE banana & mushrooms
PURPLE berries & eggplant
ORANGE rockmelon & carrot

Eating different colours provides different vitamins, minerals and antioxidants!

For more information visit www.movewellatewell.tas.gov.au

Disclaimer: Parents should note that advertisements for education services, companies, activities or similar events are published as a 'community service'. Sheffield School is in no way liable for the quality, supervision or integrity of the provider and strongly suggests that parents make their own enquiries before engaging with the advertised event.

Ron Daly, Principal