Dear Parents,

How quickly term one has come to an end! It has certainly been an action packed term and the few weeks following our last newsletter seem to have been particularly eventful at our school. Grade 9 students have attended a Youth Week event in Ulverstone, our grade 10 leadership team attended the GRIP leadership conference, primary students enjoyed a visit from the Tour De Cure and a performance from Lucas Proudfoot, Wednesday afternoon activities at Railton, the Easter Bonnet/Pet Parade and Primary Fair in its new format, ANZAC Day assemblies, Easter Services and Easter Egg Hunts…. Phew!

Our students have finished the term by continuing to excel in a number of academic and sporting pursuits. At the beginning of April, I had the pleasure of attending the Celebration of Achievement in NAPLAN 2013 Awards Ceremony held at Penguin District High School. The ceremony was attended by school staff, students and families from across the north-west coast and saw each school’s top two students receive certificates of achievement from Liz Banks, Deputy Secretary of Early Years and Schools. Our grade 4 students, Liam Thompson-Hayes and Lillian Rockliff were Sheffield’s recipients, with Lillian also recording results which placed her in the top 1% of all student results. I congratulate Liam and Lilly once again for their terrific achievement, both students have bright futures ahead of them.

**NAPLAN testing this year** will take place in the second week of term two, Tuesday the 13th – Thursday the 15th Of May, inclusive. Please see page 6 for more information.

**Primary Easter Parade and Fair**

The decision to hold the Primary Fair and Pet Parade to term one has proven to be a positive move. Held in ‘less than perfect’ weather conditions, we were overwhelmed by the support shown from parents and various community organisations. We must send a huge THANK YOU however, to our wonderful parents for your effort in preparing costumes, bonnets and pets for the parade. Your children (and their pets) looked fabulous! Thank you must also go to Mr Bakes, Mrs May, teachers and students for their organisation and coordination of activities, and production of crafts. A terrific afternoon was had by all who attended.
ANZAC Day

Today we have held our ANZAC Day assembly. The assembly was attended by Mr David Moles, President of the Railton RSL sub branch, Mr. David Innes, President of the Sheffield RSL sub branch and other members of the branch and school community. Mr Innes spoke to students about the story of Gallipoli; a musical piece was performed by Jordyn Enright and Troydan Mason and a poem read by Tony Temple and Kasey Woods. Wreaths were then laid from each sector of the school. Students selected to lay wreaths at the assembly were, from ECE - Isabelle Ritter and Shanae Smith; Primary - Samantha Denby and Keiffer Stafford; and secondary - Hamish McLean and Hannah Huett.

Mr Innes also made presentations to this year’s grade 7 essay winners, Balin Puccetti, Charley Davies and Kade Wolfe; and from Primary and ECE - Ellowyn Thompson and Bradley Connors, and Dylan Stevens and Isabelle Ritter, respectively.

Tasmanian All Schools State Rowing Championships

It seems only fitting given our proximity to Lake Barrington that our school rowing team has begun to experience terrific success. Over the last few years the team, led by Miss Scattergood has gone from strength to strength, resulting in a strong performance at the Tasmanian All School State Rowing Championships held at Lake Barrington last weekend. Lillian Maddick (three state championships), Sarah Rayner (two state championships), Georgina Rayner, Tom Rockliff and Abbey Boutcher took the state by storm, bringing home THREE state championships and all round solid results. Congratulations to all and to Miss Scattergood; your hours and hours of training and dedication are producing fantastic results! For the full list of results please see pages 4 & 5.

Staffing Term Two

It is with regret that we farewell Mrs Sheryl Fox at the end of this term. Mrs Fox has been teaching the 1/2 class at the Railton campus. We thank her for her work at Railton over the past term and wish her well in her new endeavour. We welcome Mrs Lucy Crowther to the teaching team at Railton from the beginning of term two. Mrs Crowther is a familiar face for our students at Railton and this will ensure consistency of programs into term two.

We also farewell Mrs Claire Kent, who at short notice took up a position on the 3/4 class at Sheffield earlier this term. Mrs Kent has been a pleasure to have working in our school and I know her students and staff will miss her bright and caring personality. Mrs Alison Last returns from Long Service Leave at the beginning of term two, and she will resume her teaching role in the 3/4 class with Mrs Mainwaring.

And finally, Mrs Rachel Matchett also leaves us at the end of this term, taking leave for the remainder of the year. Mrs Matchett has become a valued member of staff at Sheffield over the past six years and has helped many students and families over this time, find work, work placements, traineeships, develop pathway plans and has provided further education and training advice. Her knowledge and hard work over the years has provided Sheffield students with the very best start to further education and training and this will be sorely missed. We wish Rachel and her husband a terrific break and look forward to her return to us next year. Mrs Matchett’s position is currently in the process of being filled.

In our last newsletter Mr Daly mentioned that our school had offered to partake in a National Oral Health survey. If your child has brought home one of these surveys and you are happy to participate, please return the survey at your earliest convenience.
You may have seen in the media the Liberal government is proceeding with their plan to extend rural and regional high schools to years 11 and 12 and that our school has been identified as a school which would possibly fit this model. Thank you to the parents who have taken the time to contact us, indicating your support for this plan. This will be discussed further at our School Association meeting this week. We will keep you informed.

Thank You
I would also like to publicly acknowledge and thank Ms Jacqueline Aviet, for the donation of two copies of her lovely story, Eliza and the Egg to our school. The front cover was designed by her daughter and grade 10 student, Bianca Eberle. These are now available for borrowing from our library.

Today is the last day of term for students, with teachers across the state participating in Moderation Day tomorrow. This day offers the opportunity for our teachers to work with teachers from other schools to moderate work samples and develop common understandings of assessment against the Australian Curriculum achievement standards.

Wishing everyone a safe and relaxing Easter and term break. We will see you back and ready for another term, on Monday, May 5th.

Carmen Pearce
A/PRINCIPAL

Calendar dates.....

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<td>16 May</td>
<td>Grade 7 &amp; 9 boys immunisation</td>
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<td>School Photos</td>
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P-6 AWARDS
FRIDAY 4 April 2014

Prep A
Hollie Diprose
Emmison Robertson
Roland Skirving
Tayla Winwood

Prep B
Mackenzie Duraj
Stirling Woodham
Jack Ritter

1 Allen
Tyla Burk
Ava Duff
Trinity Keenan-Pickett
Ethan Lockley
Charlton Skirving
Connor Smith

Tahli Hyland
Cooper Ford
Sophie Wemyss
Hugo Mansell
Jack Sullivan

2 Moore
Jack de Bomford
Sarah Welch
Jory Thomson
Damien Greenhill

3/4 A
Matilda Wordsworth
Brandon Foley
Luka Mansell
Joe Spillane

3/4 B
Kylie Bantick
Grace Gladwin
Denzel Kernan
Jordan Woodhouse

Libby Dawkins
Allanah East
Emma Spillman
Jacob Fulcher
Ethan Tirant

5A
Danniel Currie
Ethan Duff
Jayden Enright
Tarnae Bryan
Denver Puccetti
Georgie Brown

5/6 Richards
Jasper Dawkins
Ethan Foster
Allanah Jones
Tony Temple

6 A
Alysha Mulholland
Amber Mitchell
Oscar Downing
Joshua Batt
School photos will be taken on Wednesday 21 May and Thursday 22 May. Photos will be taken outside, therefore if the weather is inclement photo sessions may need to be postponed. A timetable for the photos – Sheffield and Railton - will be included in the next newsletter.

Envelopes to order photos have been distributed to students today. If your child/children did not receive one please contact the school office. The order form with payment needs to be returned to school by Wednesday the 7th of May.

Please Note: Below are additional details regarding the service provided by Matt Bennet Photography.

If requiring a family photo or other group shot please indicate this on the section titled ‘Family Photo Order Form’ on the envelope. Discounts apply for families with half price orders for the 3rd and subsequent children of the same family.

Payment: cash, cheque, money order or credit card.
Any enquiries please contact Matt Bennet Photography (Ph. 0408 339 675 / Fasc. 6427 7374) not the school.

STATE SCHOOL ROWING CHAMPIONSHIPS

On the weekend the 12/13 April, Sheffield School rowers competed at the State Schools Rowing Championships at Lake Barrington with OUTSTANDING results winning Sheffield Schools' first rowing trophies!

Tom Rockliff competed in the boys under 14 single and doubles with some big improvements from the last schools regatta finishing 35th out of 56 rowers in single and 17th in the double (missing out on B final by one position)! Well done Tom!

Abbey Boutcher competed in the girls under 13 single and under 14 double. She qualified for the B final in the single in 15th position to then go on to have a fantastic race in the B final to cross the line!

Georgina Rayner also had some gutsy rows, after going through all the heats, qualifying for the single, double and quad A finals! Then having some excellent rows to place third in the single and also double in the final! Great effort- considering 56 rowers went through the heats of single and 41 in the double! Georgina also rowed in the girls under 16 eights race, with rowers across the north-west coast from Ulverstone High/Devonport High/Marist Collect and St Brendan’s to cross the line in 3rd place! Great finish of the season for Georgina who only recently had a trip to Sydney for the Australian Rowing Championships in Sydney. She had a big week of racing through heats and repechages gaining some valuable racing experience! Big thanks to Graham Scattergood for all his time and effort coaching Georgina over the season.

Lilly Maddick and Sarah Rayner have had an outstanding weekend to finish off the season. They have won the first ever rowing trophies for the Sheffield School! In the single sculls, as there were over 87 rowers, they had to row a heat and then go through semi-finals, having to finish in the top two to move on to the next round and qualify for the A final. They both had rowed well to qualify for the A final. In the final both girls had fantastic rows with Sarah placing third and Lilly winning the race to take out the HEC Shield for the girls under 14 single. Sarah and Lilly then combined to row in the under 14 girls double scull, they easily progressed through to the A final winning their heat. In the final the girls kept a cool head and had a convincing win to take out the T.S.R.A Shield for the State under 14 double champions for 2014! Then their last race of the day, Sarah and Lilly combined with one from Latrobe and Devonport High schools to also with the girls under 14 quad sculls to take out the T.S.R.A Shield.
Overall Sheffield placed 4th in the aggregate points for junior girls out of the 16 schools that scored points!

I want to congratulate the girls and Tom on all their efforts over the season, they have represented the school with pride, excellent sportsmanship and enthusiasm, always putting in 100 percent effort! A BIG CONGRATULATIONS to all the rowers!

Sarah Rayner/Lilly Maddick: Girls Under 14 quad scull Champions!

Lilly Maddick: Girls under 14 Single Champion

Sarah Rayner and Lilly Maddick: Scull State Girls under 14 double scull State champions!!

SHEFFIELD SCHOOL ROWING TEAM: Georgina Rayner, Abbey Boutcher, Tom Rockliff, Lilly Maddick, Sarah Rayner, Graham Scattergood, Casey Scattergood.

Girls under 16 single scull: Georgina Rayner

Girls under 13 single scull: Abbey Boutcher

Boys under 14 double: Tom Rockliff
In 2008, the National Assessment Program – Literacy and Numeracy (NAPLAN) commenced in Australian schools. The program is scheduled to continue in 2014 with all students in Years 3, 5, 7 and 9 to be assessed using common national tests in Reading, Persuasive Writing or Narrative Writing, Language Conventions (spelling, grammar and punctuation) and Numeracy.

Years 3, 5, 7 and 9 students in Tasmania have been participating in literacy and numeracy tests for a number of years, so there is familiarity with the test formats and the types of questions.

The scheduled dates for the tests in 2014 are Tuesday 13 May, Wednesday 14 May and Thursday 15 May. These national tests will provide information on how students are progressing against national minimum standards of literacy and numeracy skills expected for each year level, as well as performance across the whole range of student abilities. The results will support improvements in teaching and learning for students.

Parents will receive an individual report that shows their child’s results and a comparison of their child’s performance against all other Australian students in their year level. The report will also indicate how their child performed in comparison to the national average and the levels of achievement expected at that year level.

For students in Years 5, 7 and 9, the results from the 2014 tests will provide parents and schools with important information on progress made since they last participated in NAPLAN testing in 2012.

The best way you can assist your child is by making them feel comfortable about the nature and purpose of the tests, and assure them that the tests will give them an opportunity to show what they have learned in class.

For more information about the national tests, including test samples, frequently asked questions, the test schedule and a parent information brochure, please visit the national NAPLAN website at: http://www.nap.edu.au

Pathways Update

In the past, we have used a brochure called “WHY FINISHING YEAR 12 IS IMPORTANT” containing information to help Parents and Students better understand the benefits to gaining a Year 11 & 12 Education. This brochure is now available from the department website for all to access at the following link:


There is also one on University entrance that might be useful, it can be found at:


Like Facebook:

For the past 18 months Pathway Planning have administered a local Facebook Page designed to help students – specifically G9 & 10 students access relevant information as it becomes available. To get access to this page, simply search for ‘Pathway Planning North West’ and ‘Like’ once you have located it. This will mean each time the page is updated with information about ongoing CAP (Careers Awareness Programs), Don Taster days, Enrolment and Commencement information or anything else you should know, it will notify you.

Try a Skill – Grade 9:

On Wednesday 21st May, students from Sheffield School have again been invited to what has become one of the most popular events for Grade 9 students. We have already spoken to students about this program, permission forms along with individual selection sheets have already been completed in anticipation for this event early term 2.

We really look forward to attending this event and reporting back on how it went.

Illuminate:

For students who are really interested in creating foods or commodities, inventing new products, want to run their own business or who are just full of great ideas, the Illuminate program is a great program to be involved in.

It is a team event where over a period of a week, teams are given a theme and need to produce a creation or product that could be marketed in the real world.

If anyone is interested, please see either the Pathway Planner or Mrs. Maddick.
Children With Type 1 Diabetes - Are You Challenged by Your Child's Diabetes?
Research into parenting children with type 1 diabetes.

The University of Queensland is conducting research into parenting children with type 1 diabetes. Parenting a child with diabetes presents many challenges (everything from the regular blood glucose monitoring and insulin intake, to more general parenting tasks). The aim of this study is to understand the factors that make the management of childhood diabetes particularly difficult, and to use this information to develop strategies that might assist parents in managing their child's diabetes.

If you are a parent of a 2 to 10-year-old child with type 1 diabetes, we would love to hear from you! By sharing your experiences (confidentially), you will be making a valuable contribution to the development of much-needed childhood diabetes management strategies for parents.

To complete the online survey, please log on to: https://exp.psy.uq.edu.au/type1diabetes

For further information about the project or to request a survey to be posted to you, please email Aditi Lohan (aditi.lohan@uqconnect.edu.au) or call (07 3365 7689) at the Parenting and Family Support Centre in the School of Psychology at the University of Queensland, St Lucia QLD 4072 (Fax: 07 3365 6724).

Thank you for your time and participation.

Aditi Lohan, Alina Morawska, and Amy Mitchell - UQ Parenting and Family Support Centre

April is International Autism Awareness Month

Autism is a lifelong developmental condition that affects what an individual sees, hears and senses. This results in problems of communication, social interaction and behaviour. Autism Spectrum Disorder (ASD) is a neurological condition that occurs on a continuum. This means that symptoms can occur in many varieties and with varying degrees of intensity.

People with ASD tend to have communication deficits, such as responding inappropriately in conversations, misreading nonverbal interaction, or having difficulty building friendships appropriate to their age. In addition, people with ASD may be overly dependent on routines, highly sensitive to changes in their environment, or intensely focused on inappropriate items. Again, the symptoms of people with ASD will fall on a continuum, with some individuals showing less symptoms and other having much more severe symptoms.

This condition is lifelong and can have a significant impact on the life of a family. Parents often face enormous challenges understanding, supporting, and raising a child with an ASD. This job is often made all the more complex by a lack of community understanding an awareness of the condition, with parents regularly enduring critical comments or unfair assumptions about their child’s behaviour or their parenting.

Whilst great strides have been made in research into ASD, a cause is yet to be found. The current estimated prevalence of ASD is more than one person in 100 has ASD. It is no longer considered a low incidence condition. On these estimates, every 20 minutes in Australia a person is diagnosed with an ASD.

There are students in your school community who have ASD and this information is provided to increase your understanding of the condition with the view to enabling you to help and support those children and families living with this complex condition. Individuals with Autism Spectrum Disorder (ASD) have a wide range of difficulties and abilities. Usually by the age of three, children who have an ASD display these characteristics:

**Social interaction and relationship difficulties:**

They might not respond when people speak or gesture towards them, even when their names are called out. They may make little eye contact with others and usually won’t copy other people’s actions, like clapping. They may not be interested in chatting or playing, especially with other children and have trouble with giving and sharing.

**Communication and language difficulties:** People with ASD usually take longer than the average to learn language and communication. People with ASD will find it hard to comprehend language, so understanding simple instructions and social communication can be difficult. When people with ASD do have language skills, they may talk about their own special interests, and occasionally use language skills to communicate with others. They might echo what they hear, repeating patterns of words without attaching any meaning to them.

**Repetitive behaviour, routines and sensory difficulties**: Even from a young age, people with ASD will often prefer the same routines -- feeding, sleeping or leaving the house needs to be done the same way every time. They might be upset by even minute changes. Many people with ASD also like to repeat behaviour, like lining their toys up in a particular way over and over again. Individuals with an ASD may have a range of narrow and intense interests that capture their attention to the exclusion of other activities and interests. They may have difficulty interpreting sensory information and can be overwhelmed by many sensory experiences.

Although each individual diagnosed with ASD has these core characteristics that define their condition, it does not define them as a person. Every person with ASD is a unique individual with their own set of likes, dislikes, personality and capabilities. Get to know someone in your school community who has ASD or talk to their parents and remember to be **Autism Aware. For more information call 1300 288 476 or visit autismtas.org.au**
This year was the first year we had a team of 16 participants consisting of staff and students enter the Burnie Challenge. This is an extreme sporting event run by the Burnie City Council that consists of trail running mixed with various types of challenging man-made obstacles, mud and more. The Burnie Challenge is part of the Healthy Communities Initiative designed to help increase the Burnie community’s participation in healthy eating practices and lifestyles. During the challenge all students worked together to get their team through the obstacles. Congratulations to all participants!
Helping students get ready for the NAPLAN tests

The most resilient children and young people are those who rise to meet rather than retreat from the challenges presented to them. Perhaps it's best to view the NAPLAN tests as good learning experiences rather than dreaded pressure tests.

During the second week of May Australian children in Years 3, 5, 7 and 9 will take part in the National Assessment Program – Literacy and Numeracy (NAPLAN). The stated purpose of this testing program is to gain an overall picture of educational attainment levels to assist education policy and decision-making.

The program first implemented in 2008 has drawn some criticism from a number of different quarters, particularly in regard to the use of the information gained through the NAPLAN tests. You've probably heard a number of different viewpoints expressed in the media over the last few weeks.

As a parent it helps your child, if you take a positive view of the NAPLAN tests. It's better to see them as learning opportunities for kids as well as opportunities to overcome any anxieties or nerves that these tests may bring on. It's also worth remembering that many children don't stress over these tests. The vast majority take them in their stride, wondering what all the fuss is about.

Whether your child stresses or takes them in his stride here are some tips to help prepare for the NAPLAN tests:

1. Take your cues from your child: If your child doesn't worry about them then neither should you. Be careful not to create a problem that doesn't exist by incessantly talking about, or worse, worrying about the test.

2. Focus on doing their best & trying hard: Choose your words carefully when you speak with your kids. As with all their learning activities place your focus squarely on effort rather than results. The only pressure on kids should be to try hard rather than to do well.

3. Listen to any concerns they have: If your child confesses to some nerves then validate their feelings, rather than shut them down with a 'get over it' response. "Yes, sometimes tests can be a little scary, but they get easier every time you take them." Use this as an opportunity to develop some emotional smarts, which starts with recognising how kids feel.

4. Give them some relaxation ideas: Anxious or nervous kids will benefit from some simple relaxation strategies. Taking some deep breaths, changing their thinking and exercising the morning of the test are some simple ways to help kids get some feeling of control.

5. Help them retain their perspective: One way to help children who become excessively anxious about an event is to ask what's the worst thing that could happen? Okay, they may not do as well as they would like but the sun will still rise tomorrow, regardless of how well they do. Keeping perspective is a life skill that we all need to practise.

A positive, caring parent attitude is one of the best gifts you can give a child when they are apprehensive or nervous about approaching any different situation whether it's going on school camp, joining a new club or sitting a NAPLAN test.
THE DANCE COMPANY

Classes for Term 2
Dance Play (2-4), Movement to Music (4-6),
Intro to Dance (6+), Boys & Girls Hip Hop,
Commercial Jazz (10+), Contemporary (10+)
After school classes in
Ulverstone, Devonport & Penguin.

Please call 0409 24 25 21

Latrobe Basketball Association Inc.

SCHOOL HOLIDAY CLINICS
with
Latrobe Senior Men’s Import
Marquis Navarre

Wednesday 30th April
9am – 12pm – U/12 & U/14 Girls
12pm - 3pm - U/16 & U/18 Girls

Thursday 1st May
9am - 12pm – U/12 & U/14 Boys
12pm - 3pm - U16 & U/18 Boys

Friday 2nd May
1pm – 2pm – U/10 Boys
2.30pm – 3.30pm – U/10 Girls

The cost will be – U/10 - $10
U/12 - U18 - $25

Registration is essential please e-mail:
latrobe.secretary@gmail.com or phone: 0407 278 977
Children will need to bring a ball with their name
on it and a drink.

Disclaimer: Parents should note that advertisements for education services, companies, activities or similar events are published as a ‘community service’. Sheffield School is in no way liable for the quality, supervision or integrity of the provider and strongly suggests that parents make their own enquiries before engaging with the advertised event.

Ron Daly, Principal