Dear Parents

As we reach the end of term 2, it is hard to believe we are half way through the school year. Thank you to all of the parents/carers that have taken the opportunity over the past week to strengthen the partnership between the school and home and participate in discussions with teaching staff regarding the progress of your child/ren and the areas that have been identified for future development.

**Railton / Kimberley Bus Changes**

During the first half of the year communications have occurred with our Railton families regarding bringing the school times of our Railton campus in line with those at the Sheffield campus. This would mean commencing the day 20 minutes earlier at 8.55am and concluding at 2.50pm. There were a number of educational and operational reasons for this to occur, with one of the benefits for families being the restructure of the bus routes servicing the Railton community that will allow for siblings of varying ages to utilise the same bus regardless of which campus they will be attending. Our bus contractor, Mr Barry Woodcock, in consultation with the school and DIER will trial some changes to the bus routes for the first few weeks of term 3. I would encourage families to utilise this service to ensure its longevity. If insufficient students access a particular route then it may not be sustained. Details of the changes including a map, details of the stops and pickup and drop off times have been distributed to Railton families and are also included with this newsletter.

**Staff Changes Term 3**

Ms Tawse will be taking leave for terms 3 and 4 to be with her family in Queensland; Ms Tawse has made a terrific contribution to the Music Department over the past 2 ½ years. We wish her well and hope to see her back in 2015. Mrs Crowther will be replacing Ms Tawse as the Music / Drama teacher at the Sheffield campus over that period. This will result in a change on the 1/2 class at the Railton campus. To maintain continuity of learning for our 1/2 class Mrs Norman will increase her load to 0.8, teaching the class Tues – Friday. At this stage we are yet to appoint a teacher to join the team at our Railton campus to support Mrs Norman on the 1/2 class on a Monday.

Two weeks ago, Ms Tassell our Kinder/Prep teacher at the Railton campus commenced maternity leave and we wish her well in the exciting journey ahead into parenthood. We look forward to a visit a bit later in the year! We welcome Mrs Claire Kent to our Railton Campus as the Kinder / Prep teacher for the rest of the year.
We also currently have a number of staff on leave with Mrs Turnbull travelling abroad with her family and returning for the commencement of week 4, term 3. Our School Business Manager, Mrs Charmaine Butcher is also travelling abroad with her husband. In Mrs Turnbull’s absence Mrs Von Schill and a number of senior staff from the Sheffield site will support the operations at the Railton campus. Mrs McCarthy, School Business Manager at our Railton campus will be based at the Sheffield site whilst Mrs Butcher is on leave, with Ms Kim Murphy fulltime administration at the Railton campus.

Finally, although almost a term on I would like to belatedly welcome to our staff Mrs Kelli Conkie, who replaced Mrs Rachel Matchett, early this term as our Pathways Planning Officer. Mrs Conkie has hit the ground running, working with our Year 10 students on their pathway plans and organising a variety of activities and excursions that will help students to inform their decision making post year 10 regarding career options.

**Monday 21st July – Professional Learning Day**
A reminder to parents and carers that the first day of term 3 for students will be **Tuesday 22nd July**. On Monday 21st July staff will be working in planning and curriculum teams on aspects of the Australian Curriculum. Secondary staff will be participating in a rubric development professional learning session in the morning, whilst primary staff consolidate planning and assessments relating to Geography which is being implemented this year. In the afternoon all staff will be working through a process to become familiar with the Respectful Schools, Respectful Behaviour document as well as reviewing our own practice in relation to this area.

Finally, well done to all students for the commitment demonstrated towards their learning over the first half of the year. Please take heed of the feedback provided in your reports and come back term 3 refreshed and ready to work hard towards achieving your learning goals for the remainder of the year!

Ron Daly
**PRINCIPAL**

**Calendar dates…..**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>4 July</td>
<td>Term 2 Concludes</td>
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<tr>
<td>21 July</td>
<td>Staff Professional Learning Day (students do not attend)</td>
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<tr>
<td>22 July</td>
<td>Term 3 Commences</td>
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<td>1 August</td>
<td>Immunisations (Grades 7 and 9)</td>
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<td>5 August</td>
<td>3/4 LM Excursion Devonport Maritime Museum and Entertainment Centre</td>
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<tr>
<td>6 August</td>
<td>5/6 Sports Day</td>
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<td>7 August</td>
<td>Master Builders Presentation – Grade 9</td>
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<td>15 August</td>
<td>Assembly P-6 (Sheffield Campus)</td>
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**ACTIVE AFTER SCHOOL CARE (AASC) TERM 3**

In term 3 we will be extending our AASC program to our Railton Campus. This coincides with the offering of the “Spirit Cup” AFL competition to our grade 5 and 6 students.

This will mean that there will not be an AASC session offered for students at our Sheffield Campus outside of the “Spirit Cup” for grade 5 and 6 students.

Separate information will be provided to those grade 5/6 students interested in participating in the “Spirit Cup” and to those grade 1 – 4 students at our Railton Campus interested in participating in the AASC sessions at Railton. It is our intention at this stage, to return to offering the normal AASC program at the Sheffield Campus in term 4.

Tony Hays, AASC CO-ORDINATOR
Railton/ Kimberley Bus Routes

If unsure of bus route details / times please contact the contractor Barry Woodcock directly on 64972167 or 0407972167.

(Large Bus – Route 1)
(Approximate Times) Morning Afternoon
Kimberley Fire Station 8.00am 3.55pm
(Travels along Railton Rd)
Limestone Café 8.15am 3.40pm
Cnr Native Rock Rd / Shepheards Rd 8.20am 3.35pm
Kings Hall
Crocker St / Ennis Ave / Dowbiggin St 8.25am 3.30pm
Foster St (Railton Campus) 8.30am 3.25pm
Various Stops along Sheffield Rd 8.35am 3.20pm
Henry St (Sheffield Campus) 8.45am 3.10pm

(Small Bus Route 2)
(Approximate Times) Morning Afternoon
Sunnyside Rd (travel along from Railton Rd) 7.55am 3.55pm
Limestone Café 8.15am 3.35pm
Railton Rd (towards Latrobe)
Cement Works Rd 8.20am 3.30pm
Newbed Rd (travels along) 8.25am 3.25pm
Railton Campus 8.30am 3.20pm
Sheffield Campus 8.40am 3.10pm
Railton/ Kimberley Bus Routes
Railton/ Kimberley Bus Routes
## P-6 AWARDS (Sheffield Campus)
**FRIDAY 20 June 2014**

### Prep A
- Blake Burns
- Sebastian Keen
- Jack Novaski

### Prep B
- Wyatt Roberts
- Mitchell Dolbey
- Mia Saunders

### 1 Allen
- Travis Dennis
- Jesse Mansell
- Bart Mulcahy
- Jayme-Lea Spillane

### 1/2 Hinrichsen
- Mia Brinkkemper
- Matthew Marinovich
- Tesha Steers

### 2 Moore
- Phoebe Roberts
- Tiarna Kenzie
- Cody Hedditch
- Taylah Boyd

### 3/4 A
- Hayley Smith
- Bonnie Sullivan
- Sky Burton
- Harrison Watling

### 3/4 B
- Casey Chatterton
- Kalan Agnew
- Annalise Rayner
- Imogen Rouse

### 4/5 A
- Hayden Sims
- Cody Hester
- Laura Ashby
- Jack Foley
- Mackenzie Tuttle
- Lillian Rockliff
- Grace Young

### 5A
- Amber Chatterton
- Alan Leslie
- Triston Richardson
- Adam Kemp
- Byron Jones

### 5/6 Richards
- Lochlan Ford
- Madilee Robertson
- Kasey Woods
- Noah Fulcher

### 6 A
- Chelsea Tuttle
- Adam Ryan

## P-4 AWARDS (Railton Campus)
**TUESDAY 1 July 2014**

### Prep R
- Oliver Fittkau
- Ky-Jana French

### 1/2 R
- Nehamiah French
- William Lowery
- Shanae Smith

### 3/4 R
- Adam Butler
- Dakoda Sheehan
- Koby Deverell
- Mable Freestone
- Spindle-Tree

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**Move Well Eat Well**

**Beware of food advertising**

Many TV ads promote ‘occasional’ food and drinks that are high in salt, fat and sugar.

What families can do:
- Limit your child’s TV viewing to less than 2 hours each day.
- Talk to your child about why food advertisements are made.
- Discuss why you are choosing not to buy the foods or drinks advertised.
- Discuss some ‘everyday’ foods that are better choices than the ‘occasional’ foods seen on TV.

For more information and for family ideas on healthy eating and physical activity visit: www.movewelleatwell.tas.gov.au
"As food is to the body, so is God's word to the soul."

Ian "Watto" Watson is a truck driver trainer who has played and coached AFL football. The founder of *Shed Happens*, he travels Australia speaking to blokes about winning the battles of life. He talks about, finances, fatherhood, divorce, depression, anger, broken dreams.

"*Shed Happens*" is a monthly coming together of men to talk about life and to know what is to be an Australian bloke. Ian has also written a book, "Every Bloke's a Champion", and, he is coming to Sheffield! (ianwatto.com - shednight.com)

A man with a nuts and bolts message for men about life and how to live it, "Ian has a wonderful knack of telling it how it is." (Andrew Ireland, CEO Sydney Swans and former Brisbane Lions CEO). "The stuff Watto talks about will help set you free - it did for my husband, and in doing so, has revitalised our marriage." (Julie Oster, Farmer.)

Ian has a favourite phrase, "I've never seen a bloke go backwards with encouragement." There is an open invitation to all men (13 years and over) to attend our next pizza night to hear Ian and to also hear what has happened in the life of a local man, which will astound!

It will be held at the Sheffield Town Hall on Friday, 25 July, commencing at 6.30pm. **THERE IS NO CHARGE** but, knowing how many are coming helps! For more information or to let us know you're coming, please phone, Craig 64921160, John 64273477 or John 64912525

Esther Wass  
Chaplain
Helping kids who struggle at school

The way we praise our children, even from a very early age, can have a lasting impact. When done effectively, it can really promote resilience.

More and more in my work, I hear about young children struggling with anxiety, serious behavioural concerns, mental health issues and aggression.

At the same time, I am staggered to see the push down of formalised learning onto children under six in this country. This is contrary to best practice in early years education and despite a lack of evidence validating any positive influence of early formalised education on young children’s lives.

In Issue 9 of Parenting Ideas Magazine, I wrote about why play is critical for brain development and social, emotional and cognitive development in young children.

The removal of play in kindergarten and preschool in favour of sight words and worksheets, homework and black line markers can be damaging to our children’s ability to function as social beings – which is still our key biological driver.

Much of the push seems to be happening to improve schools’ data – misinformed principals seeking good NAPLAN results and top rankings on the MySchool website. However, lots of educators tell me that they also get pressure from parents who do not understand how critical non-formal learning is early on.

The rise in aggressive behaviour being exhibited by many younger children, mainly boys, is a sign they are unable to cope in environments with no opportunity to play, no fun, little movement and developmentally inappropriate tasks. We then penalise these children by suspending or expelling them.

The latest COAG Reform Council report on education, released in October 2013, shows that despite some improvements in overall outcomes, the gap for Indigenous children and disadvantaged children is growing ever wider.

When you think that around 30% of children struggle with school anyway, how can parents better support their kids if they are struggling?

Tips for struggling kids

The first thing to consider is whether there are any developmental delays.

Children mature at varied rates and in all sorts of ways depending on environment and unique genetic templates.

Any kid can have developmental delays around phonemic awareness, and these can be helped by being read to a lot, learning nursery rhymes and songs and engaging in lots of conversation.

From birth children need to be saturated in sound from humans as they are unable to learn sounds from television, DVDs or screen-based devices like iPads.

If the delays are in self-regulation – the ability to manage one’s energy, to be able to concentrate for up to 15 minutes, to sit quietly when asked – you need to identify and reduce the stressors in the affected child’s life.

Things that improve self-regulation include music, sport, real play, time spent in nature and being in safe environments. Things that hinder it are too much television or other screen time, being too passive, poor food, lack of sleep, too much pressure and weak human connectedness.

If a child is forced to attempt a task they’re unable to do developmentally, this can cause enormous distress. Take handwriting for four- to five-year-olds: it’s a complex task that many children are unable to do until closer to six.

The brain integration required is deceptively complex. When a child cannot do a task like handwriting, or can’t manage to remember sounds or colours within the lines, they often see themselves as dumb or stupid.

more on page 2
Have realistic expectations of your children and talk to their teachers or school leaders if you feel they are expecting too much. (There are lots of articles on my website you can use as evidence in these conversations.)

If it is identified that your child has some delay issues, early intervention is essential, particularly if they are identified as having an autism spectrum disorder (ASD), auditory processing concerns or sight issues.

Not all kids are going to do well at school. According to Howard Gardner’s Multiple Intelligence theory we have at least nine different ways of being smart. Google this to show your children and help them work out ‘which smarts are you?’

If your child is struggling academically it is important to help them at home to be really competent at something! Self-mastery builds confidence – even if it’s tea climbing, star-gazing, frog hunting, growing veges or helping to fix things in the shed. This helps them build a healthy sense of self, even if they struggle with maths or learning to read.

For older children, investing in tutors and maybe purchasing some technology-based support is well worth the cost.

Practice makes perfect and brain plasticity allows for kids to always improve with increased effort. Remember that it must be engaging learning and fun or it will simply make things worse.

Finally, if your child is displaying really significant anxiety and distress and you have done your best to work with the school to improve things, then the environment may need to change.

We can’t leave kids struggling and just say ‘toughen up’ – otherwise we are just wiring them for hypervigilance for life, when childhood should be filled with joy and delight.

Maggie Dent is an author, educator and speaker dedicated to quietly changing lives through common sense wisdom. She has four adult sons and is author of five books and numerous resources including a new video seminar on raising boys: Boys, Boys, Boys. Check out her blogs, newsletter and other resources at www.maggiedent.com.
COMMUNITY NOTICEBOARD

Tuesday 8th July – Boys and Girls
OPEN TO ALL PLAYERS REGISTERED WITH FFT
U6, U7 & U8 - 9.30am to 11.30am
U9, U10, U11 & U12...12.30pm to 2.30pm
HELD AT MEERCROFT PARK
CLINIC IS RUN BY:
Cory Vickers & Callum Moore
(English Imports at Devonport Strikers)
Junior Development coaches for D.J.S.
PLEASE REGISTER YOUR CHILD Phone:
Marlene Crabtree 64246261 or email
marlenecrabtree@hotmail.com
COST PER PLAYER $8.00
Kentish Arts Festival
Concert

Celebrate the Tidy Towns win for Sheffield

Featuring:
Brett Budgeon &
Leah Woodberry

Saturday 5th July
7.00pm to 10.00pm
At The Sheffield Town Hall

Gold coin entry at the door seats are limited &
Children free

A non stop show with Music,
dancing and entertainment

There will be a lucky door prize and seat prize
The first 50 children will receive a free drink

Cash dance prizes to be won for
Best Mover, Shaker and Goer. Free
pizza!!!