From the Principal

Dear Parents

A couple of reminders; firstly that our Primary Fair is on tomorrow commencing with the Pet Parade at 11.30am, followed by the Fair at 12.45pm. Thank you to Mr Bakes and his team of staff, students and parents who have contributed to the organisation and coordination of all of the activities and the variety of products and produce that will be available for all to enjoy - fingers crossed for a fine day! Secondly, Thursday, 2\textsuperscript{nd} April is a Moderation Day (students do not attend). This involves staff from across a range of schools meeting to moderate work samples to ensure a common understanding of assessment against the Australian Curriculum achievement standards. Term 2 will commence on Monday 20\textsuperscript{th} April.

Staffing Term 2
There are a number of changes to staffing for term 2;

- Mrs Karen Dowie will be returning from long service leave to take up her role on the 3/4 class. As a result Miss Rebecca Gould will be taking up a position at another school for term 2, we wish her well in her new appointment and thank her for her contribution to the learning of the grade 3/4 students this term.

- Mrs Emma Dobson (formerly Miss Wells) will be returning to the Sheffield School term 2. Initially Mrs Dobson will be in a support teacher role across both campuses, then will replace Mrs Milne on the grade 8 Core / grade 10 English class when she commences maternity leave.

- Mrs Claire Kent has accepted a position at the Early Childhood Intervention Centre (ECIS) in Burnie for the remainder of the year. Fortunately Mrs Kent will remain with us for 1 day a week to continue her role with the LIL program at our Railton Campus. This change has necessitated a move of the LIL to a Monday afternoon. We wish Mrs Kent well in her new position at ECIS.

Student Achievements

Rowing
Congratulations to all of our rowers who competed in the State All Schools Championships at Lake Barrington on the weekend of the 14/15 March. The results from the weekend are listed below, an amazing effort from a group of students that are still really in the infancy of their rowing careers.
• Lillian Maddick: State U/15 Singles Champion and U/15 Doubles Champion
• Abbey Boutcher: State U/14 Singles Finalist and U/15 Doubles Champion
• Tom Rockliff: State U/15 Doubles Finalist

Thank you to Miss Scattergood for her commitment to training these students, and to all of the students’ parents for the terrific support they have provided their children to enable their continued participation in the rowing program.

Inter-Primary Athletics
Recently a large contingent of primary students represented our school at the NWPSSA inter-primary athletics event. Our students participated extremely well with many students going on to make semi-finals and finals. The following students made it through to the twilight event which was held last Monday evening; Joven Gyemore, Alice McCarthy, Amber Dunlop, Sharna Dolbey, Jessica Welch, Jacinda Batt, Isabel Wells and Nicholas Davey. The following students then went on to win or place in the coastal finals and as a result have been selected in the NWPSSA Athletics Team to compete against the North and South of the state; Nicholas Davey, Isabel Wells, Jessica Welch, Amber Dunlop and Joven Gyemore. Well done to all of the students for their participation in this carnival and for striving to do your very best!

I would also like to acknowledge our grade 9/10 Leading Active Communities students who supported the day fulfilling roles in recording, marshalling and judging events.

Relay for Life
Last weekend I was fortunate enough to be able to spend some time with a group of 16 students and a number of staff from our school at the ‘Relay for Life’ event. During the 24 hour period I believe our team walked in excess of 1000km, a great effort by our ‘Sheffrock Stunners’! Those students who participated were both exemplary in their behaviour and completely committed to the purpose of the weekend. Thank you to Mrs Turnbull for her organisation of the weekend and to all within our school community that contributed to the fundraising efforts. Every dollar raised supports Cancer Council’s vital research, prevention and support programs.

Finally, well done to students for a fantastic term’s work both in and out of the classroom. When I reflect on all of the achievements and compliments that have channelled back to me over the course of the term from staff, members of the public and from organisations external to the school in reference to our students here at Sheffield it is certainly very humbling. Students, continue to strive to do your best and represent your school with pride!

Wishing everyone a safe and relaxing Easter and term break.

RON DALY
PRINCIPAL
Your Awareness Will Reward Us All  
World Autism Awareness Day—2 April

Autism is a lifelong developmental condition that affects what an individual sees, hears and senses. This can result in problems of communication, social interaction and behaviour. Autism Spectrum Disorder (ASD) is a neurological condition that occurs on a continuum. This means that symptoms can occur in many varieties and with varying degrees of intensity.

People with autism tend to have communication deficits, such as responding inappropriately in conversations, misreading nonverbal interaction, or having difficulty building friendships appropriate to their age. In addition, people with autism may be overly dependent on routines, highly sensitive to changes in their environment, or intensely focused on inappropriate items. Again, the symptoms of people with autism will fall on a continuum, with some individuals showing less symptoms and other having much more severe symptoms.

This condition is lifelong and can have a significant impact on the life of a family. Parents often face enormous challenges understanding, supporting, and raising a child with autism. This job is often made all the more complex by a lack of community understanding and awareness of the condition, with parents regularly enduring critical comments or unfair assumptions about their child’s behaviour or their parenting.

It is not known what causes an individual to have autism. Much research is being done to try to find out more. At this point it is believed to result from changes to brain development which may be caused by a combination of reasons, including genetic and environmental factors or a combination of both. The current estimated prevalence of autism is more than one person in 100 has autism. It is no longer considered a low incidence condition. On these estimates, every 20 minutes in Australia a person is diagnosed with autism.

There are students in your school community who are living with autism and this information is provided to increase your understanding of the condition with the view to enabling you to help and support those children and families living with this sometimes complex condition.

For more information call 1300 288 476 or visit autismtas.org.au

Did you know?  
April 2nd is  
World Autism Awareness Day

Friends with Autism might:

- Sometimes want to play with you but may need your help
- Play with toys in a different way
- Not like loud noises, certain smells or bright lights
- Have a great memory
- Need help staying calm
- Communicate with you but not always by talking
- Be a loyal friend
- Like to teach you about a topic they know a lot about
- Giggle and smile a lot, or make other noises
- Like to rock back and forth, flap their arms or dance
- Find it hard understanding facial expressions
- Be very honest and trustworthy
- Be interested in what you are saying, but not look you in the eye
- Need extra time to respond when someone speaks to them
- Have one-of-a-kind ideas
- Not like to be touched
- Do their best when following a routine

Did you know?  
April 2nd is  
World Autism Awareness Day

Friends

All people are different. We all have our own likes and dislikes. We all have our own strengths.

Just like everyone, a person with Autism needs to feel safe, accepted and loved. There are many ways to be a good friend to a person with Autism.

You may like to talk about ways to be a good friend to someone with Autism at home with your family or at school with your teacher.

For more information go to: 
http://www.autismtas.org.au

Did you know?  
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World Autism Awareness Day

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For more information go to: 
http://www.autismtas.org.au
Help your child ACHIEVE!

One way to help your child achieve at school is to work together with your child’s teacher. The parent-teacher partnership takes work from both sides to become a reality. Here are some ideas that will help.

1. **Know what your child’s teacher is trying to achieve**
   Like children, every teacher is different with their own specific expectations, goals and interests. Get to know your child’s teacher and gain an understanding of their approach and aspirations for your child’s class.

2. **Keep your expectations reasonable and positive**
   If your expectations are too high your teacher may give up. Too low and they will meet them! The trick is to keep your aspirations for your child in line with their ability and their interests. Also be realistic about what your child’s school can deliver. Sometimes our expectations of schools are not in line with their capabilities or their roles.

3. **Support your teacher’s expectations & activities at home**
   One practical way of supporting your child is to take a real interest in their home-based learning tasks and follow the guidelines laid out by teachers.

4. **Send kids to school ready to learn and on time**
   Maximise your child’s chances of success by sending them to school in a good frame of mind, with plenty of sleep and a good breakfast. Also make sure they get to school on time. It’s estimated that many kids miss up to two weeks of school a year when they are routinely late by just five minutes a day.

5. **Inform teachers of your child’s challenges and changes**
   Life isn’t always smooth sailing for kids. Family circumstances can alter. Friends move away. Illness happens. These changes affect learning. Make sure you keep your child’s teacher up-to-date with significant changes or difficulties your child experiences, so he or she can accommodate their emotional and learning needs at school.

6. **Skill children to work with others**
   Schools are social places requiring children to work and play with each other much of the time. Teaching manners to kids, as well as encouraging them to share their time, space and things with others are practical ways to help kids with their social skills. Talk through any social challenges they may have, helping them develop their own strategies to get on with others.

7. **Respectfully seek joint solutions to problems and difficulties**
   Resist the temptation to solve all your child’s problems or think you have the only solution. Most learning and social problems can be resolved when teachers and parents work together in the best interests of the child.

8. **Participate in class & school activities**
   There is a huge body of research that points to the correlation between parent involvement in a child’s schooling and their educational success. Quite simply, if you want your child to improve his learning then take an interest in his learning, attend as many school functions as you can, and follow the lead provided by your child’s teacher. This simple strategy will have a massive, long-term impact.

9. **Trust your teacher’s knowledge, professionalism and experience**
   Your child’s teachers are your greatest allies. Their training, their experience around kids, and their objective professionalism puts them in a strong position to make judgement calls about your child.

10. **Talk up what happens at school**
    Your child will take their cues from you about how they see their school. If you want your child to value learning, and enjoy the time at school then you need to support your school and make sure he or she hears positive messages about learning, teachers and the school itself. You can set a strong educational agenda at home by talking up your school.

This type of 10-point plan is easy to read but hard to put into practice, particularly when you get busy or your child has significant difficulties. Choose two or three ideas from this list to really focus on in the coming year and you’ll find that the rest will fall into place. Good luck and nurture the partnerships you have with your child’s teachers.

# K – 10 Canteen Price List 2015

**Effective Term 2 2015**

## Recess & Pre-Ordered Lunch Lines

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fruit Buns</td>
<td>$1.00</td>
</tr>
<tr>
<td>Egg &amp; Bacon Pies</td>
<td>$1.00</td>
</tr>
<tr>
<td>Party Pies</td>
<td>$1.20</td>
</tr>
<tr>
<td>Sausage Rolls (small)</td>
<td>$1.80</td>
</tr>
<tr>
<td>Savoury Toast</td>
<td>$2.00</td>
</tr>
<tr>
<td>Toasted Ham and Cheese Sandwich</td>
<td>$3.50</td>
</tr>
<tr>
<td>Hot Chocolate (pre-ordered with lunch orders only)</td>
<td>$2.50</td>
</tr>
<tr>
<td>Hot Milo</td>
<td>$2.50</td>
</tr>
<tr>
<td>Chocolate, Strawberry or Honeycomb Nippys Milk</td>
<td>$2.00 (250ml)</td>
</tr>
<tr>
<td></td>
<td>$2.70 (375ml)</td>
</tr>
<tr>
<td>Orange, Apple or Apple &amp; Blackcurrant Juice</td>
<td>$1.80</td>
</tr>
<tr>
<td>Bottled Water</td>
<td>$2.00</td>
</tr>
<tr>
<td>Hash Browns</td>
<td>2 for $2.50</td>
</tr>
</tbody>
</table>

## Lunch Lines

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken Nuggets (x 5)</td>
<td>$2.50</td>
</tr>
<tr>
<td>Seasoned Chicken Fillet with lot (Wrap or Roll)</td>
<td>$4.50</td>
</tr>
<tr>
<td>Chicken Burger (in bread)</td>
<td>$3.00</td>
</tr>
<tr>
<td>Chicken Burger (with lot)</td>
<td>$4.50</td>
</tr>
<tr>
<td>Hot Chicken &amp; Gravy Roll</td>
<td>$4.50</td>
</tr>
<tr>
<td>Vegie Burger in Bread</td>
<td>$3.00</td>
</tr>
<tr>
<td>Vegie Burger with Salad</td>
<td>$4.50</td>
</tr>
<tr>
<td>Pie</td>
<td>$4.00</td>
</tr>
<tr>
<td>Sausage Roll (small)</td>
<td>$1.80</td>
</tr>
<tr>
<td>Fried Rice (Wednesday, Thursday &amp; Friday only)</td>
<td>$3.00 (sm)</td>
</tr>
<tr>
<td></td>
<td>$3.50 (lg)</td>
</tr>
<tr>
<td>Pizza Singles (ham &amp; pineapple, bacon and cheese)</td>
<td>$2.80</td>
</tr>
<tr>
<td>Lasagne</td>
<td>$4.00</td>
</tr>
<tr>
<td>Salad Tub (Ham/Chicken)</td>
<td>$4.50</td>
</tr>
<tr>
<td>Salad Wrap (ham or chicken)</td>
<td>$4.50</td>
</tr>
<tr>
<td>Salad Roll (ham or chicken, white or wholemeal bread)</td>
<td>$4.50</td>
</tr>
<tr>
<td>Salad Sandwich (ham or chicken, white or wholemeal bread)</td>
<td>$4.50</td>
</tr>
<tr>
<td>Bread Roll - vegemite, peanut butter, cheese</td>
<td>$2.50</td>
</tr>
<tr>
<td></td>
<td>$3.50</td>
</tr>
<tr>
<td>Toasted Sandwich (One filling of cheese or tomato)</td>
<td>$2.50</td>
</tr>
<tr>
<td></td>
<td>$3.50</td>
</tr>
<tr>
<td></td>
<td>(Extra filling 50c) e.g. pineapple, tomato</td>
</tr>
<tr>
<td>Toasted Focaccias (turkey/cranberry or ham/cheese up to 3 fillings)</td>
<td>$4.50</td>
</tr>
<tr>
<td>Tomato or BBQ Sauce</td>
<td>$0.30</td>
</tr>
</tbody>
</table>

### Term Special

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pumpkin Soup or Chicken and Corn Soup</td>
<td>$2.50 cup</td>
</tr>
<tr>
<td>Roll</td>
<td>$3.50 bowl</td>
</tr>
</tbody>
</table>

*Where possible, please send the correct money for lunch orders ....... thank you!*
### CALENDAR DATES

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 1 April</td>
<td>End of Term 1 for Students&lt;br&gt;Primary Fair and Pet Parade (Sheffield Campus)</td>
</tr>
<tr>
<td>Thursday 2 April</td>
<td>Moderation Day (Student Free Day)</td>
</tr>
<tr>
<td>Friday 3 April</td>
<td>Good Friday</td>
</tr>
<tr>
<td>Sunday 5 April</td>
<td>Combined Churches Service (Music Room)</td>
</tr>
<tr>
<td>Monday 20 April</td>
<td>Term 2 Commences</td>
</tr>
<tr>
<td>Friday 24 April</td>
<td>ANZAC Assembly P-10 Recreation and Related Arts Building&lt;br&gt;commencing at 11.30am (Sheffield Campus)&lt;br&gt;Immunisations All Grade 7's and Catch-up Boostrix/Varicella</td>
</tr>
<tr>
<td>Friday 1 May</td>
<td>Triple Top&lt;br&gt;Railton P-4 Assembly</td>
</tr>
<tr>
<td>Friday 8 May</td>
<td>Grade 9/10 Ag Students - Agfest</td>
</tr>
</tbody>
</table>

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### ORAL HEALTH SERVICES TASMANIA

**Healthy Mouth Healthy Body**

**FREE dental care**

Oral Health Services welcomes ALL children from babies up to 18 years of age for FREE dental care

Oral Health Services Tasmania will:

- BULK BILL Medicare when parents present their Medicare card
- Provide almost all dental care for FREE

*Some dental care may attract a small fee and be subject to eligibility conditions*

**Call your local dental clinic/centre today!**

SHEFFIELD DENTAL CLINIC  
Kentish Health Centre,  
Nightingale Street, SHEFFIELD  
PHONE: 6491 2516

www.dhhs.tas.gov.au/oralhealth  
Tasmanian Health Organisations

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**Chess and Checker Sets Needed**

Sheffield School's new Thursday lunchtime chess club needs donated chess and checkers sets for use by our many players! If you have a set to spare, please send it along to Mr Ashby in S21.
**P-4 AWARDS (RAILTON CAMPUS)**

**FRIDAY, 6 March 2015**

<table>
<thead>
<tr>
<th>Prep R</th>
<th>1/2R</th>
<th>3/4R</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sapphire Hibble</td>
<td>Tayla Saward</td>
<td>Akasha Spitalar</td>
</tr>
<tr>
<td>Kiara McDonald</td>
<td>Toby Henricks</td>
<td>Dakoda Sheehan</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Kaitlyn Ash</td>
</tr>
</tbody>
</table>

**P-6 AWARDS**

**WEDNESDAY 25 March 2015**

<table>
<thead>
<tr>
<th>Prep 1/A</th>
<th>Prep 1/B</th>
<th>I/2A</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mackenzie Duraj</td>
<td>Jonah Duraj</td>
<td>Mia Saunders</td>
</tr>
<tr>
<td>Emmison Robertson</td>
<td>Bridie Duff</td>
<td>Cody Burton</td>
</tr>
<tr>
<td>Rory Saunders</td>
<td>Hunter Brown</td>
<td>Charlton Skirving</td>
</tr>
<tr>
<td>Joe Sullivan</td>
<td>Paige Jenkins</td>
<td>Bart Mulcahy</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Connor Smith</td>
</tr>
<tr>
<td>2/3</td>
<td>3/4</td>
<td>4</td>
</tr>
<tr>
<td>Taylah Boyd</td>
<td>Ethan Saunders</td>
<td>Hayley Smith</td>
</tr>
<tr>
<td>Damien Greenhill</td>
<td>Ashlee Gladwin</td>
<td>Noah Hinrichsen</td>
</tr>
<tr>
<td>Isabelle Ritter</td>
<td>Allie Henricks</td>
<td>Brooke Foster</td>
</tr>
<tr>
<td></td>
<td>Sharna Dolbey</td>
<td>Ellowyn Thomson</td>
</tr>
<tr>
<td></td>
<td>Matilda</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Wordsworth</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Joe Spillane</td>
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</table>

<table>
<thead>
<tr>
<th>Prep 6</th>
<th>Prep 5/6</th>
<th>7</th>
</tr>
</thead>
<tbody>
<tr>
<td>1/2B</td>
<td>5/6</td>
<td>8</td>
</tr>
<tr>
<td></td>
<td>Jayden Enright</td>
<td>9A</td>
</tr>
<tr>
<td></td>
<td>Allanah East</td>
<td>9B</td>
</tr>
<tr>
<td></td>
<td>Jessica Welch</td>
<td>8A</td>
</tr>
<tr>
<td></td>
<td>Brayden Richardson</td>
<td>8B</td>
</tr>
<tr>
<td></td>
<td>Emma Spillman</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>7A</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Jayden Enright</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Allanah East</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Jessica Welch</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Brayden Richardson</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Emma Spillman</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>10A</td>
</tr>
<tr>
<td></td>
<td>6</td>
<td>10B</td>
</tr>
<tr>
<td></td>
<td>Taylah Watling</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Asha Bryan</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Nic Davey</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Allanah Jones</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Lochie Ford</td>
<td></td>
</tr>
</tbody>
</table>

**7 - 10 AWARDS**

**WEDNESDAY 11 March 2015**

<table>
<thead>
<tr>
<th>7A</th>
<th>7B</th>
<th>8A</th>
<th>8B</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kasey Woods</td>
<td>Ethan Foster</td>
<td>Charley Davies</td>
<td>Laura Febey</td>
</tr>
<tr>
<td>Chelsea Tuttle</td>
<td>James Knight</td>
<td>Balin Puccetti</td>
<td>Emily Southerwood</td>
</tr>
<tr>
<td>James Hutton</td>
<td>Joshua Batt</td>
<td>Jordan Jones</td>
<td>Cameron Dunlop</td>
</tr>
<tr>
<td></td>
<td>9A</td>
<td>9B</td>
<td>10A</td>
</tr>
<tr>
<td>Manisha Kernan</td>
<td>Jordan Perkins</td>
<td>Demi Bird</td>
<td>10B</td>
</tr>
<tr>
<td>Ranni Lockett</td>
<td>Jasmine Carter</td>
<td>Paige Tirant</td>
<td></td>
</tr>
<tr>
<td>Rainee Stafford</td>
<td>Brady Rouse</td>
<td>Mitchell Roughley</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Bradley Huett</td>
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</tbody>
</table>
**National Assessment Program – Literacy and Numeracy (NAPLAN) 2015**

In 2008, the National Assessment Program – Literacy and Numeracy (NAPLAN) commenced in Australian schools. The program is scheduled to continue in 2015 with all students in Years 3, 5, 7 and 9 to be assessed using common national tests in Reading, Persuasive Writing or Narrative Writing, Language Conventions (spelling, grammar and punctuation) and Numeracy.

Years 3, 5, 7 and 9 students in Tasmania have been participating in literacy and numeracy tests for a number of years, so there is familiarity with the test formats and the types of questions.

The scheduled dates for the tests in 2015 are Tuesday 12 May, Wednesday 13 May and Thursday 14 May.

These national tests will provide information on how students are progressing against national minimum standards of literacy and numeracy skills expected for each year level, as well as performance across the whole range of student abilities. The results will support improvements in teaching and learning for students.

Parents will receive an individual report that shows their child’s results and a comparison of their child’s performance against all other Australian students in their year level. The report will also indicate how their child performed in comparison to the national average and the levels of achievement expected at that year level.

For students in Years 5, 7 and 9, the results from the 2015 tests will provide parents and schools with important information on progress made since they last participated in NAPLAN testing in 2013.

The best way you can assist your child is by making them feel comfortable about the nature and purpose of the tests, and assure them that the tests will give them an opportunity to show what they have learned in class.

For more information about the national tests, including test samples, frequently asked questions, the test schedule and a parent information brochure, please visit the national NAPLAN website at: http://www.nap.edu.au

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**First Aid Program**

Youth Family and Community Connections are offering a Child/parent first aid program to increase awareness and knowledge for yourself and child. This is a great opportunity to work together with your child and get your first aid questions answered and learn how to administer basic first aid and CPR. CJ is the Primary Schools Partnership Program worker and has been working in the school community for the past month. Please contact CJ ASAP to secure a space as there is limited spaces available 0428139904

Child/parent first aid  
March 31st 3pm-5pm  
Sheffield School (primary school students only)

---

**POLAR FLEECE JACKETS – LARGER SIZES**

We now have adult size small and medium polar fleece jackets available at the office for Primary School students.
Mural Fest Writing Competition Wrap-Up

The First (but not last) Mural Fest Writing competition has now closed, and I have received an unbelievable 17 entries. The quality of this work has been awesome, as has been the response from Sheffield's students to this new challenge.

All entries have been forwarded to the Mural Fest Committee, and then will be sent to Victoria for independent judging. Finalists and winners will be announced at the Mural Fest opening ceremony, starting at noon at Mural Park, beside the visitor centre in Sheffield. A letter with more specific details will be sent home with participating students during the last week of school this term.

Here are this year's challenge participants:

**Primary School**
- Lillian Rockliff Year 5
- Grace Young Year 5
- Ruby Skirving Year 5
- Laura Ashby Year 5
- Grace Young Year 5
- Bonnie Sullivan Year 4
- Alonnah East Year 6
- Bethany Cobbin Year 6
- Jack Sullivan Year 2
- Jessica Welch Year 5

**High School**
- Chelsea Tuttle Year 7
- Emily Southerwood Year 8
- Jasmine Carter Year 9
- Ranni Lockett Year 9
- Amber Mather Year 8
- Lily Maddick Year 9
- Eliza Kerr Year 10

We look forward to reading their work in future newsletters, and seeing it displayed both at Mural Fest, and around the school.

Bob Ashby
Teacher

**ANZAC DAY**

The ANZAC Assembly will be held on Friday 24 April in the Recreation and Related Arts Building commencing at 11.30am (Sheffield Campus).
STATE SCHOOL ROWING CHAMPIONSHIPS

On the weekend of the 14/15 March, Sheffield School rowers competed at the State Schools Rowing Championships at Lake Barrington with some remarkable improvements and results!

Tom Rockliff competed in the boys under 15 singles and doubles with some massive improvements from last season. He qualified for the semi-finals in the previous schools regatta, and rowed a great race in the semi-final to finish overall in 18th position, only just missing out on the ‘B’ final by 2 positions. Tom then joined with a rower from Ulverstone High School to compete in the U15 boys double. They had an awesome row in their heat to qualify for the ‘A’ final! They rowed a great race to finish in 6th position in the final (33 crews had gone through the heats). Well done, Tom!

Abbey Boutcher also qualified for the semi-finals at the previous regatta. She went on the have one of her best rows to win her semi-final to qualify for the A final. In the final, Abbey finished in 8th position (70 rowers going through the heats). Well done, Abbey!

Lilly Maddick had an exceptional weekend at the State Championships! She also qualified for the semi-finals as the previous regatta. In the semi’s she rowed well to win her race to qualify for the ‘A’ final. In a close race Lilly held on at the finish to cross the line by half a second in first place to become the U15 single scull state champion! (85 girls going through the heats!)
LILLY MADDICK: U15 SINGLE SCULL STATE CHAMPION!!!

Lilly and Abbey then combined for the U15 double scull event. They went through the heats/semis undefeated and rowed a tough race in the A final to take out the TSRA shield for the U15 double scull State Champions! Well done girls!

ABBEE BOUTCHER AND LILLY MADDICK: U15 DOUBLE SCULL STATE CHAMPIONS!!

I want to congratulate the girls and Tom on all their efforts over the season, they have represented the school with pride, excellent sportsmanship and enthusiasm. A BIG CONGRATULATIONS to all the rowers!

Casey Scattergood
HPE Teacher
**MUSIC NEWS**

Hello! Term 1 has been a busy start to the year. It has been fabulous to see the amazing start made by students to their learning path in music.

Firstly, the importance of music to your child’s development as a complete human being is paramount. The UNESCO Arts Education Road Map 2006 details the right that children have to music education and emphasises the importance this education has on their mental health and wellbeing and their identity.

**CLASSROOM MUSIC**

Early childhood classes are eagerly engaging in their discovery of music. They are participating in song, movement and instrumental play activities to introduce them to the world of music.

Primary classes are participating in a range of activities from theory tuition, discovery about the intricacies of instruments to starting their own learning path on an instrument to beatboxing and rap!

Secondary classes are learning about rhythm and composition in their ‘junk percussion’ classes, whilst continuing on their individual instrument learning path.

**SCHOOL ENSEMBLES**

Band has started again with rehearsals every Wednesday after lunch. The school band consists of an amazing group of students who are a delight to work with and who have already composed their first piece of music! We look forward to playing this (and others) in assembly next term. There are also exciting plans afoot for the ‘Band Day’ between Nixon Street Primary and Sheffield School.

Choir has started on the Railton campus and rehearsals are in the afternoons on Friday. It really makes the end of my week working with such a creative and inspiring group of young people. They have almost learnt their first piece and can’t wait to share it with you in the near future.

Senior choir, on the Sheffield campus, rehearse Tuesday lunchtimes and are a core group of dedicated individuals with AMAZING voices. We are currently working on an Ed Sheeran song from the movie ‘The Hobbit: The Desolation of Smaug’ and having fun with rounds, rhythmic works and ‘dat man’ warm-ups. Any students from years 7-10 who are interested in choir please come and see me.

**THE IMPORTANCE OF PRACTICE**

It is vitally important that everyone involved with learning an instrument – don’t forget the voice is an instrument too! – have time dedicated to practice and equally important for parent/guardians to support their child by placing importance on this education. The best way to implement this is to write practice times up on your calendar at home making sure that you allow 20 mins every second day. This personal practice allows you to become comfortable with the piece you are working on and also increases your aural, theory and physical skills.

Instruments are available for hire from the school (NEW TO SHEFFIELD - there will be ‘percussion packs’ available at the start of term 2) a small fee is involved to help cover maintenance costs of the instruments. Please contact me for a hire form and any further information.

The Music room is open during lunchtime on Wednesday (Sheffield campus) and Friday (Railton campus) for students to practice. I also have personal practice plans for individuals to fill out, so make sure you ask your child about this!
PRIVATE MUSIC TUITION
Instrumental tutors are on campus at Sheffield. Committing to instrumental lessons is the best way to steadily improve on your instrument. Please contact me if you have further queries and contact tutors directly for booking lessons.

All individual private lessons are $25 per lesson (shared or group lessons are possible)
Cameron Sherriff – Guitar/Drums – 0467 381 981
Sue Andrzejczak – Piano/Strings – 0408 282 744
Chloe Thomas – Piano/Voice – 0447 620 283
Ian Leslie – Flute/Clarinet/Saxophone – 64912767

Enjoy and realise the power of music education!

Lucy Crowther
MUSIC TEACHER

SPEECH PATHOLOGY HOME PROGRAMME SUPPORT
Has our speech & language pathologist provided you with a home programme to follow with your child? Are you unsure about how to do it? Is it too hard or too easy? Do you just want to check that you are “getting it right?”

The Speech & Language Team are offering home programme appointments to help you. Appointments are offered at 119 William Street, Devonport during each school holidays. The next home programme clinic will be held on Friday, 17th April.

Please feel free to call on Tel: 6424 9743 or 64245481 to book an appointment. If you have any questions or concerns about your home programme, why not make an appointment or even just call for some advice?

Come on a learning journey with HIPPY

Do you have a child who is 3½ -4½ years old in 2015? Do you live in Kentish, Latrobe or East Devonport Municipalities or nearby? HIPPY is a free, two year home based program for families HIPPY empowers families to be their child’s first teacher HIPPY encourages a love of learning in children HIPPY is fun! Call us if you would like to enrol or just want to know more
HIPPY Coordinator, Lou Carter
T: 03 64 911 552 M: 0488 911 522 E: lou@kentishrc.com.au
**WANTED!!**

Tutors to provide after school tuition in the areas of literacy and numeracy to students Prep - Grade 10.

Please contact the office on 64918222 if you can assist.

**MENTORING PROGRAM**

The Chaplaincy Management Team in conjunction with Devonport Chaplaincy Inc will be holding a two day training course on Saturday 2nd and 9th May at the Sheffield School from 8.45am until 4.00pm.

This training will enable any interested person to become a mentor to a young person at the school. Please contact Kate Haberle on 0439 911 649 or email katehaberle@hotmail.com if you would like to attend the two day training course. This is a wonderful opportunity to get alongside our students and support them in a variety of ways.

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**Move Well Eat Well**

**Play mates are great!**

When children play with others they learn to:

- make friends
- express their feelings
- develop confidence
- share and take turns
- develop leadership and team work skills

Help your child seek opportunities to play with others...it can help them develop life long social skills!

For more information and for family ideas on healthy eating and physical activity visit: www.movewelleatwell.tas.gov.au
No child should live in fear.

If you’re scared and need help, please contact us immediately.
P: 0455 886 625  E: macetasmania@gmail.com  MACEtasmania

“"If you’re not outraged then you’re not paying attention.”

What is MACE Inc.?
We are a social motorcycle club, established in Australia for Australian kids.

How do MACE help?
One common misconception is that we hunt down paedophiles, etc. We do things differently. We empower the young person and help their family to navigate their way through ‘the system’. Our energy is concentrated solely on helping and supporting the child, to empower these children to the point where they can face their abuser in court. If you’d like to offer your support and help out, we’d love to hear from you.

Please also thank our sponsors:

[Logos of sponsors]

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COMMUNITY NOTICEBOARD

Grades 3-6 Hockey 2015
Devon Hockey is running a modified hockey program catering for children of all abilities from Grades 3-6. The program will include a skill training session on 23rd April between 4.30 and 5.30 and roster games will run from the 30th April until 13th August between 4-6pm on Thursdays at the North West Hockey Centre ground (there are no games during holiday breaks). Note: Grade 6’s may play in this roster and/or the Under 14 roster.

Registration & equipment purchase can be done on Thursday 23rd April 2015 between 4-6pm at Meercroft Hockey Centre in Devonport OR by emailing cjsmhardy@bigpond.com.

Payment for email registrations can be made at the first game or by EFT. A Skills session will be held on Thursday 23rd April 2015 between 4.30 and 5.30pm For more information contact Sharlene Hardy on 0419367433 / 64273338 or cjsmhardy@bigpond.com

SANDWICH FREE, PACKET FREE LUNCHBOXES - TASMANIA

Public Information Sessions
Are you looking for some help with your kids lunchboxes? Wanting to make healthy changes but don't know where to start?

Come along and get some valuable knowledge about easy, quick, nutritional and healthy lunchbox ideas that your children will enjoy, and enhance their concentration, fitness and growth at the same time.

We'll talk about the reasons why we need to avoid processed foods and components of our modern diet that can be potentially inhibiting their full learning potential, development and lower their energy. We offer some great alternative suggestions that should please even the fussiest of children!

Read on for more information regarding dates, times and venues. You can order your online tickets for the Devonport, Wynyard, Burnie (Cooee), East Ulverstone, Launceston (Ravenswood and Youngtown) and Hobart sessions here - some venues have limited capacities, so it could be worth considering booking in advance to avoid disappointment.

Click here to order your copy of the cookbook in either a soft-covered version (delivery options available), or downloadable PDF e-Book version. There will be copies available for purchase at each event too.

Disclaimer: Parents should note that advertisements for education services, companies, activities or similar events are published as a ‘community service’. Sheffield School is in no way liable for the quality, supervision or integrity of the provider and strongly suggests that parents make their own enquiries before engaging with the advertised event.

Ron Daly, Principal